



Gaston County

Gaston County
Board of Commissioners
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Board Action Report

File #: 22-326, **Version:** 1

Commissioner Brown - Parks and Recreation - To Accept and Appropriate Health Promotion Disease Prevention Grant Funds from Centralina Council of Governments Area Agency on Aging in the Amount of \$4,500 (**Required County Match \$500 - Budgeted**)

STAFF CONTACT

Cathy Hart - Parks & Recreation - 704-922-2162

BUDGET IMPACT

With the \$500 County matched dollars we receive an additional \$4,500 from Centralina Council of Governments Area Agency on Aging. This will give us an opportunity to teach evidence-based classes at the Senior Center and other locations in the County. This pays for class materials, supplies, staff time and trainings.

BUDGET ORDINANCE IMPACT

These funds are included in the approved FY23 Senior Center Budget. This allows us to provide evidence-based programs at the Senior Center and other locations in the County.

BACKGROUND

Gaston County Parks & Recreation has received a Health Promotion Disease Prevention Grant from Centralina Council of Governments Area Agency on Aging in the amount of \$4,500. This grant will be matched by \$500 in County Funds that are currently available in the approved Senior Center Budget. The grant funds will be used to support Gaston County Parks & Recreation evidence-based programs including A Matter of Balance, Living Healthy with Chronic Illness and Living Healthy with Diabetes at the Senior Center and at other various locations.

POLICY IMPACT

N/A

ATTACHMENTS

Budget Change Request (BCR)