



# Gaston County

Gaston County  
Board of Commissioners  
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## Board Action Report

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**File #:** 19-334, **Version:** 1

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Commissioner Keigher - Parks & Recreation - To Accept and Appropriate the Health Promotion Disease Prevention Grant from Centralina Council of Governments Area Agency on Aging (**100% Grant Funds - \$2,925; Requires a County Match of \$325**)

### **STAFF CONTACT**

Cathy Hart - Parks & Recreation - 704-922-2162

### **BUDGET IMPACT**

With the \$325 county matched dollars we receive an additional \$2,925 from Centralina Council of Governments Area Agency on Aging. This will give us the opportunity to teach evidence based programs at the Senior Center and other satellite locations. This pays for class materials, supplies, and any additional training that may be required.

### **BUDGET ORDINANCE IMPACT**

These funds are included in the approved FY20 Senior Center Budget. This allows us to provide the evidence based programs at the Senior Center and other locations in the county.

### **BACKGROUND**

Gaston County Parks & Recreation has received a Health Promotion Disease Prevention Grant from Centralina Council of Governments Area Agency on Aging in the amount of \$2,925. This Grant will be matched by \$325 in County Funds that are currently available in the approved Parks & Recreation Senior Center Budget. The Grant funds will be used to support Gaston County Parks & Recreation evidence based programs including a Matter of Balance, Living Healthy with Chronic Illness and Living Healthy with Diabetes at the Senior Center and at other various locations.

### **POLICY IMPACT**

N/A

### **ATTACHMENTS**

Budget Change Request