



- WHEREAS, cardiovascular disease remains the leading cause of death in the United States, affecting millions of Americans and posing a significant public health challenge; and,
- WHEREAS, February has been designated as American Heart Month and serves as a crucial time to raise awareness about heart disease, promote prevention strategies, and encourage healthier lifestyles to reduce the risk of heart-related illnesses; and,
- WHEREAS, heart disease is largely preventable through education, early detection, access to good healthcare, and the adoption of healthy habits such as regular physical activity, balanced nutrition, and avoiding tobacco; and,
- WHEREAS, the Heart Society of Gaston County, a local independent organization, has been a proud partner agency of the United Way of Gaston County since 1982; and,
- WHEREAS, the Heart Society has been at the forefront of efforts to improve heart health in our community through education, direct assistance to individuals in need, and support programs that empower individuals to make heart-healthy choices; and,
- WHEREAS, the Heart Society's Medication Assistance Program has provided life-saving medications to individuals in need, ensuring that financial barriers do not stand in the way of critical treatment; and,
- WHEREAS, the Heart Society's annual fundraising initiatives, including the Heart Ball, the Heart Walk, and the Open Heart Golf Tournament, help sustain the Heart Society's mission to increase awareness of heart disease, to promote heart-healthy lifestyles, and to provide services to local heart patients.
- NOW, THEREFORE, BE IT RESOLVED that the Gaston County Board of Commissioners hereby proclaims the month of February 2025 as American Heart Month and proudly recognizes

The Heart Society of Gaston County

for its outstanding contributions and steadfast commitment to promoting heart health and prevention awareness for all residents.

The Board further encourages Gaston County citizens to prioritize their cardiovascular health and work towards a future that is free from the burden of heart disease.

Chad Brown, Chairman

Jim Bailey

Bob Hovis

Cathy Cloninger, Vice-Chair

Tom Keigher

Allen R. Fraley

Scott Shehan

To be Adopted the 25th Day of February 2025