



- WHEREAS, Older adults have built resilience and strength over their lives through successes, failures, joys, and difficulties. Their stories, life lessons, and contributions help to support and inspire others. During this Older Americans' Month, we celebrate the strength of older adults with special emphasis on the power of connection and engagement in building stronger communities; and,
- WHEREAS, Gaston County's older Americans deserve recognition for the ways they give back to this community by volunteering, serving their neighborhoods, building connections, and advocating to improve the lives of other older adults and future generations; and,
- WHEREAS, older Americans have faced extreme isolation with the onset of the pandemic, and as we move forward, we are more aware of the negative impacts that loneliness and isolation can have on our health and overall well-being, and this should lead us to ensure that older Americans stay connected to activities and relationships that support positive health; and,
- WHEREAS, we should expand opportunities to engage older Americans; supporting their overall health and vitality by maintaining their involvement in community and social activities; and,
- WHEREAS, promoting independence, inclusion, and participation for Older Americans enriches the entire community through shared experience, wisdom, and talents.
- NOW, THEREFORE, BE IT RESOLVED that the Gaston County Board of Commissioners, in recognition of the valuable contributions made by Gaston County's older Americans, proclaims the month of May 2021 as

OLDER AMERICANS' MONTH

Tom Keigher, Chairman

Chad Brown

Kim Johnson

Allen R. Fraley, Vice-Chairman

Tracy L. Philbeck

Bob Hovis

Ronald E. Worley

To be Adopted the 25th Day of May 2021