



Mission Statement

Tobacco Free Gaston is a community action group **working together** to decrease usage of, and exposure to, tobacco products through **education** and **advocacy** to improve **community health** in Gaston County.

Why address tobacco use?

Tobacco use is the **leading preventable risk factor**
in the top 4 causes of death in Gaston Co.

(heart disease, cancer, chronic lower respiratory disease & stroke)



Tobacco Free Gaston

WORKING TOGETHER FOR A
TOBACCO FREE FUTURE

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31.6% of Gaston Co. residents are current smokers

62.3% tried to quit in the last year

Public health & Tobacco Free Gaston's approach:

{ Tough on tobacco,
compassionate with
people. }

Tobacco Free vs. Smoke Free

Tobacco Free



Smoke Free



Tobacco Free Gaston Achievements



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NORTH CAROLINA MUNICIPALITY 100% TOBACCO-FREE OR SMOKE-FREE WRITTEN REGULATIONS



LEGEND:

| | |
|-------------------------------------|--|
| <input checked="" type="checkbox"/> | 100% Tobacco Free Policy |
| <input checked="" type="checkbox"/> | 100% Smoke Free Policy |
| <input type="checkbox"/> | No Written Regulation or Less than 100% Written Regulation |

| | County | | Local Health Dept. Region | Gov't Buildings | Gov't Vehicles | Gov't Grounds | Gov't-Owned Parks Only | Recreation Areas | Public Places |
|------------------------------------|--------|---|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Bessemer City | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Belmont | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| McAdenville | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Cramerton | GASTON | 4 | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Dallas | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Cherryville | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Gastonia | GASTON | 4 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Stanley | GASTON | 4 | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Mount Holly | GASTON | 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| High Shoals | GASTON | 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Lowell | GASTON | 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Ranlo | GASTON | 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Spencer Mountain | GASTON | 4 | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| TOTAL # OF PLACES STATEWIDE | | | 228 | 151 | 67 | 95 | 92 | 10 | |

Definitions: Government Buildings- area owned, leased, and occupied by the Municipality; Government Vehicles-passenger-carrying vehicles owned, leased, or otherwise controlled by the Municipality; Government Grounds-unenclosed area owned, leased or occupied by the Municipality; Government-Owned Parks- any tract of land or body of water comprising part of the Municipality's parks system; Recreation Areas- includes recreational fields, athletic fields, playgrounds, etc.; Public Places- an enclosed area to which the public is invited or in which the public is permitted

Note: Table based on current policies that have been passed and reported to the TPCB and therefore do not reflect the status of ongoing efforts by counties to pass legislation. For resources and guidance on implementing SF and TF policies, see the Local Government Implementation Toolkit

(<http://www.tobaccopreventionandcontrol.ncdhs.gov/lgttoolkit/index.htm>).

Source: Information updated on a regular basis. Please contact NC TPCB at 919-707-5400 with questions, or to provide updated information. Visit <http://www.tobaccopreventionandcontrol.ncdhs.gov/> for more information.

NORTH CAROLINA MUNICIPALITY 100% TOBACCO-FREE OR SMOKE-FREE WRITTEN REGULATIONS



LEGEND:



100% Tobacco Free Policy



100% Smoke Free Policy



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| Chapel Hill | ORANGE | 5 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Boone | WATAUGA | 3 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Durham | DURHAM | 5 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Carrboro | ORANGE | 5 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Hillsborough | ORANGE | 5 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Weaverville | BUNCOMBE | 2 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Garland | SAMPSON | 8 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Montreat | BUNCOMBE | 2 | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| Lake Park | UNION | 4 | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
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Kick Butts Day

Bessemer City, March 15 2017




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KNOCK TOBACCO OUT OF THE PARK

CONGRATULATIONS TO THE
GASTONIA GRIZZLIES FOR MAKING
THEIR FACILITY TOBACCO FREE!

OPENING NIGHT IS
JUNE 1ST!



IN PARTNERSHIP WITH:



Tobacco Free Gaston

WORKING TOGETHER FOR A
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DEPARTMENT OF HEALTH
& HUMAN SERVICES
DHHS

Tobacco Free Benefits

Protection from secondhand smoke



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Tobacco Free Benefits

Protection from secondhand smoke

Comfortable places for those trying to quit



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Comfortable places for those trying to quit

Cleaner environment



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Positive message to youth



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Cleaner environment

Positive message to youth

Healthier people, lower costs to employers
for insurance



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Protection from secondhand smoke

Comfortable places for those trying to quit

Cleaner environment

Positive message to youth

Healthier people, lower costs to employers
for insurance

Tourism and recreation revenue



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Future of Tobacco Free Gaston

Advocacy and support of comprehensive, tobacco free community policies

Education for the public, especially youth, on the dangers of tobacco and advantages of quitting

- Community events
- Youth education
- Media campaign

Cessation Support

QuitlineNC.com

smokefree.gov

QuitlineNC

QuitlineNC provides free cessation services to any North Carolina resident who needs help quitting tobacco use. Quit Coaching is available in different forms, which can be used separately or together, to help any tobacco user give up tobacco.



Call QuitlineNC

Telephone Service is available 24/7 toll-free at

- 1-800-QUIT-NOW (1-800-784-8669).
- Interpretation services available for many languages.
- Spanish: 1-855-Dejelo-Ya (1-855-335-3569)
- TTY: 1-877-777-6543
- OR save on time and phone minutes by [registering online](#).



Would you like QuitlineNC to call you?

[Click-to-Call](#) for a Quit Coach to call you right away.



WebCoach

WebCoach is available 24 hours a day online. You can use it in addition to your telephone coaching, or you can chose to quit entirely online. [Register now](#).

smokefree.gov

SmokefreeTXT: Teen

Sign up for
SmokefreeTXT 

SmokefreeTXT is a mobile text messaging service designed for adults and young adults across the United States who are trying to quit smoking. The program was created to provide 24/7 encouragement, advice, and tips to help smokers quit smoking and stay quit. Complete this form to get started.

**Tough on tobacco,
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